



Karnataka Science and Technology Academy
Department of Science and Technology, Govt. of Karnataka

Mental Health Week Webinar Series

16 October 2023 to 21 October 2023
(Monday to Saturday)

Registration Link (Cisco's Webex)

<https://tinyurl.com/mentalhealth-talks>

For more details visit <https://kstacademy.in> &
reach us at 080-29721550

16- 21 October 2023, 3:00 pm - 4:00 pm



Addictive Disorders

Dr. Gitanjali Narayanan

Additional Professor of
Clinical Psychology
NIMHANS

16.10.2023



Life Skills for Adolescents

Dr. Vrinda M.N.

Professor of
Psychiatric Social Work
NIMHANS

19.10.2023



Technology Addiction

Dr. Manoj K. Sharma

Professor of
Clinical Psychology
NIMHANS

17.10.2023



Exam Preparedness

Dr. Thomas Kishore

Professor of
Clinical Psychology
NIMHANS

20.10.2023



Stress Management

Dr. Manjula M

Professor of
Clinical Psychology
NIMHANS

18.10.2023



Suicide Prevention

Dr. Anish V. Cherian

Additional Professor of
Psychiatric Social Work
NIMHANS

21.10.2023